

# Laya Bhava Dance Academy Syllabus

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## **Beginners Level**

### Practical:

- |                         |      |
|-------------------------|------|
| 1. Thattadavu           | 1- 8 |
| 2. Nattadavu            | 1- 8 |
| 3. Thaa thei thei thath | 1- 4 |

### Theory (Oral):

1. Thiyana Slokam and meaning
2. Asamyutha Hasthas

## **Grade 1**

### Practical:

- |                         |      |
|-------------------------|------|
| 1. Thattadavu           | 1- 8 |
| 2. Nattadavu            | 1- 8 |
| 3. Thaa thei thei thath | 1- 4 |
| 4. Thei hath thei hee   | 1- 4 |
| 5. Thei yaa thei yee    | 1- 4 |
| 6. Thath thei tham      | 1- 5 |
| 7. Thath thei thaa haa  | 1- 4 |

**All students must say the jethi with talam for each adavu before dancing.**

### Theory (Oral):

3. Thiyana Slokam and meaning
4. Asamyutha Hasthas
5. Samyutha Hasthas
6. Namaskaram meaning

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## Grade 2

Note: Students have two components to this exam. There is a practical component of dance and a theoretical component where students will have to write an exam paper.

### Practical:

1. All adavus from grade 1.
2. Mandi adavu 1- 4
3. Sarukkal adavu 1
4. thath theintha thaa thei 1- 3
5. Karthari adavu 1
6. Thei Thei thath thaa 1- 3
7. Utsangam 1
8. Thith thith thei 1- 2
9. Thei thei thith thith thei 1
10. Tha hatha jem thari thaa 1
11. Kidathaka tharikitathom 1
12. Tha thing ginathom 1
13. Thatti metadavu 1- 5
14. Mei adavu 1
15. Allarippu in thisra ekam

**All students must say the jethi with talam for each adavu before dancing. They must also sing/say Allarippu with talam.**

### Theory:

The following will be examined orally during the practical and in the written component.

1. Everything from grade 1
2. Nandhikeswara stuthi
3. Asamyutha Hasthas uses from pathakam to chandrakala
4. Samyutha hastham
5. Nirtham, Nirithiyam, Natyam, adavu, korvai short notes
6. Aranga Devastuthi
7. Siro, thrishti, greeva bedham notes
8. Bharathanatya lakshanam: bhavam, ragam, thalam explained in detail
9. Natya Uruppade (Item): Allarippu

10. Festivals during the 12 month tamil year  
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**Grade 3**

Note: Students have two components to this exam. There is a practical component of dance and a theoretical component where students will have to write an exam paper. Students must know all dance and theory from grade 1 and 2. Students will be asked to sing their dance songs.

**Practical:**

1. All adavus danced and say jethi with tala
2. Allarippu
3. Jetheeswaram
4. Sapham
5. Gowthuvam

**Theory:**

The following will be examined orally during the practical and in the written component.

1. Asamyutha Hasthas uses, Samyutha Hasthas uses
2. Hastha: Devastham, Navagiraha hastha, thasavathara hastha, jathi hastha
3. Pushpanjali short notes
4. Natyakiramam notes
5. Origin of natyam – legend and mimicry versions
6. Thanjavur Quarter's Ponniah
7. Notes on Jewellery worn in Bharathnatya dance

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## **Grade 4**

Note: Students have two components to this exam. There is a practical component of dance and a theoretical component where students will have to write an exam paper. Students must know all dance and theory from grade 1, 2, and 3. Students will be asked to sing their dance songs.

### **Practical:**

1. All adavus danced and say jethi with tala
2. Allarippu
3. Jetheeswaram
4. Sapham
5. Gowthuvam
6. Keerthanam
7. Padam
8. Thillana
9. Mallari
10. Thevaram
11. Folk dance (kumi, kolattam, karaham, kavadi)

### **Theory:**

The following will be examined orally during the practical and in the written component.

1. Lakshanam: pathira lakshanam, apathira lakshanam
2. Short notes: sabha, kinkini, sabha nayakan
3. Pathira antharpiranam, Pathira Pahipiranan
4. Bandevi Hasthas
5. Patha bedhams
6. 4 abhinayam
7. angam, pirathiangam, upangam
8. short notes: tandavam, lasyam, jathi, jethi gathi, muthira, viniyokam, natya dharmi, loha dharmi, atcharam
9. Bharatha natya Urupadde (items)

10. Dane books and authors
11. Jethi written with tala notation
12. Thanjavur quarter biographies

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### Grade 5

Note: Students have two components to this exam. There is a practical component of dance and a theoretical component where students will have to write an exam paper. Students must know all dance and theory from grade 1, 2, 3, and 4. Students will be asked to sing their dance songs.

#### Practical:

1. Compose jethi's in adhi, rupakam, kandan and misram talam. This must be written during the practical with tala notation, said and danced with choreography.
2. Misra Allarippu
3. Pada varnam
4. Ashtapathi
5. Thirupahal

#### Theory:

1. Bhavam
  - a. sthaya Bhava
  - b. vibhava
  - c. anubhava
  - d. viyabichari chava
  - e. satvika Bhava
2. Rasa piraharanam - navarasam
3. Sringara and divisions
4. Nayakan, Nayaki bedham
  - a. nayaka lakshanam
  - b. nayakanin's saha (friend)
5. Ashtavitha Nayaki, Sahi
6. Talam – jathi bedham and gathi bedham
7. Bantha Nallur Meenakshi Sundaram Pillai
8. Varnam – written with swara sahithya and jethi in music notation

9. Musical Instruments: mrdangam, violen, veena, thambura, flute, talam

**Students must express their interest and knowledge in dance by making a scrapbook. This will be looked at in the practical exam.**

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### Grade 6 (2 years)

Note: Students have two components to this exam. There is a practical component of dance and a theoretical component where students will have to write an exam paper. Students must know all dance and theory from grade 1, 2, 3, 4, and 5. Students will be asked to sing their dance songs.

#### Practical:

1. PadaVarnam
2. Shethraiynar Padam
3. Javali
4. Keerthanam
5. Allarippu (Kanda Chapu)
6. Thodaya Mangalam
7. Sloka / Viruttham / Pizhai Tamil
8. Thiru Thandaham
9. Mangalam

Choreograph 1 dance piece

Set Korvais to Musical Swaras

Navarasa

Folk Dance: Kollatam, Kumi, Kavadi, Karaham

#### Theory:

1. 7 Tandavas
2. Folk (Themmangu, Kavadi Chindu, Taru, Prabandam, Laavani, Villu Paatu, Katha Kala Shepa)
3. Thirupava, Thiruvampava, Thiruvam Mannai, Thevaram, Thirupugal
4. Folk: Horse attam, Doll attam, Hand Chilapu, Scarf Attam

5. Temples and growth of bharatanatym
6. Religious festivals for bharatanatyam
7. Eastern and Western Dance - compare and contracts
8. Presentation: Stage, Audio, Light Visual
9. Makeup, Costumes history
10. Noteworthy Historical Bharatanatyam Artists: Rukmini Devi Arundale, Sri E. Kirshnay Iyer, Smt. Balasaraswati, Vazhuvoor Sri Ramaiya Pillai, KN Dhandisyudapni Pillai, Dr. V Raghavan,
11. Evolution of Bharatanatyam in Sri Lanka

#### Additional Courses:

- Nutrition
- Anatomy for Dancers
- Career Exploration
- Injury & Prevention
- Intro to Performance Psychology

#### Choreographic Studies:

- Observation
- Creation
- Development
- Performance